

Registration Form:

(I am signing up for the 4-Mile "Rock the Quarry" Trail Challenge)

Name (last, first)

Address

City/State/Zip

Phone

Email

Age on Race Day

Sex: M___ F___

T-Shirt Size: S___ M___ L___ XL___

In consideration of the acceptance of the entry, I for myself, my heirs, and assigns, hereby release the sponsors, race workers, and officials of the "Rock the Quarry" 4-Mile Trail Challenge from any and all liability arising from illness and/or damages I may suffer as a result of participation in such an event. I attest that I am physically fit and have sufficiently trained for this event. I am aware that participation in this event could, in some circumstances, result in severe physical soreness or injury. I also give permission for free use of my name and picture in any broadcast/telecast or written account of the event. I understand that the entry fee I pay is NON-REFUNDABLE. Should road race officials determine that the completion of this event would be injurious to my health, I consent to be removed from the course and treated by the physician in attendance or of their direction.

Signature

Date

Signature of parent or guardian if under 18 years of age

Date

In case of emergency, notify:

Phone

Please send \$25 cash or check made out to:
Grove Stone & Sand Co.
Attn: Dorothy Goodman
P.O. Box 425
Swannanoa, NC 28778